HAPPY PATIENT

What you need to know if you have been prescribed an antibiotic

When to take your antibiotic:

in the morning

in the afternoon

in the evening

Shortly before sleeping

Every ☐ hours

How to take your antibiotic:

1 h / 2-3 h

At least 1 hour before or 2-3 hours after food

With food

Do not take with alcohol

Do not take with dairy products

In an upright position

In a sitting down position

Avoid sun exposure
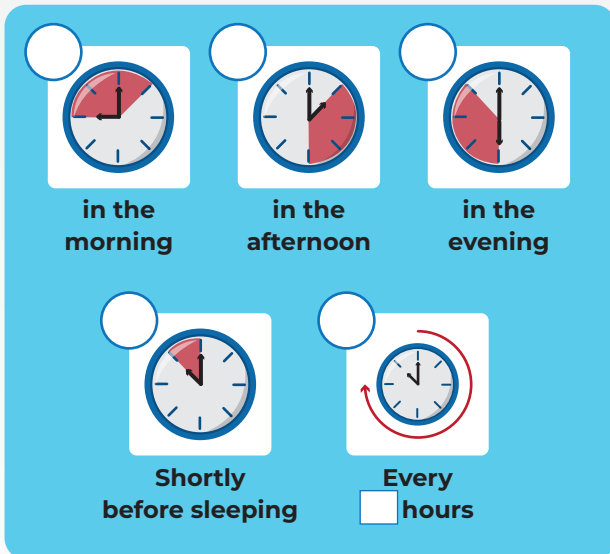
● **Duration of antibiotic treatment:**

You should stop your antibiotic treatment after ☐ days.

● **Possible side effects include:**

Diarrhoea, nausea and vomiting, abdominal pain, loss of appetite, skin rashes, headache/dizziness, fungal infections (candida).

● **Possible food and drug interactions:**

▶ Combining the use of antibiotics with other medications or alcohol can modify the efficacy and increase the risk of adverse reactions.

▶ Ask your pharmacist or healthcare provider for any potential food and drug interactions.

ⓘ **Most side effects are mild and temporary.
If side effects become severe, you should contact a healthcare professional**

- **Please remember:**
  - ▶ Take the prescribed antibiotic treatment according to the prescription from the doctor.
  - ▶ Don't share antibiotics with your family members, friends, or animals.
  - ▶ Return any unused antibiotics to the pharmacy.
  - ▶ Contact your healthcare provider if your symptoms get worse.
  - ▶ Inform your healthcare provider and/or your pharmacist about any allergies you may have.
  - ▶ If you are pregnant, breastfeeding or planning to get pregnant, make sure that your healthcare provider and/or pharmacist is aware of it, to ensure safe use of the medication.

- **When to contact a pharmacist:**
  - ▶ For any questions about the medication you use.
  - ▶ For information about relief of symptoms or side effects.
  - ▶ If you are unsure about any of the information you have received.
  - ▶ If you are unsure about how or when to take your medication.

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