Forma

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**Infections with antibiotic-resistant bacteria are associated with:**

**an increased number of visits to health care providers**

**more hospital admissions higher mortality**

**higher economic expenditure**

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**THE HEALTH ALLIANCE FOR PRUDENT PRESCRIPTION AND YIELD OF ANTIBIOTICS FROM A PATIENT-CENTRED PERSPECTIVE**

The HAPPY PATIENT project was formed as a response from the European Commission to address the increase of antimicrobial resistance.

**Training healthcare professionals and empowering the patient**

## **WHY IS AMR SO IMPORTANT?**

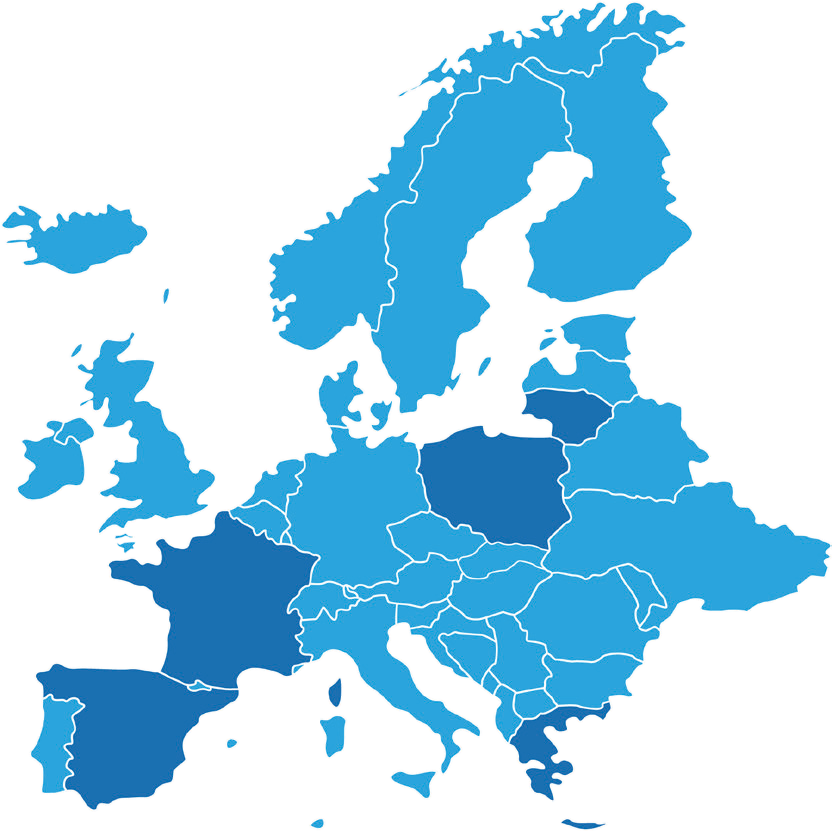
**Antimicrobial Resistance (AMR)** is a phenomenon by which a bacterium becomes resistant to the activity of an antimicrobial drug.

Some studies show that lack of action today may cause about 10 million deaths per year by 2050. AMR is a growing problem threatening societal development and human health.

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**HOW CAN YOU FIGHT IT?**



**WHERE DO WE TARGET AMR?**

**LITHUANIA**

**Spain, France, Lithuania,**

**Poland** and **Greece**

have been targeted for the **HAPPY PATIENT** project. They have diverse health systems, incomes and level of antimicrobial medicines consumption

**POLAND**

**FRANCE**

**GREECE**

**Higher in**

**Southern European countries**

**Lower in**

**Nordic countries**

**Antibiotic consumption map in Europe**

**SPAIN**



**Antibiotics cannot**

**cure every**

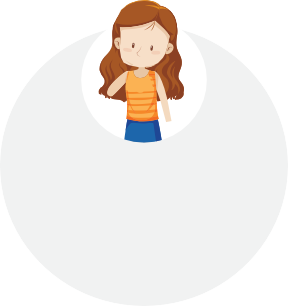
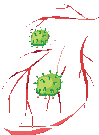
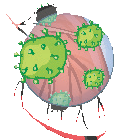
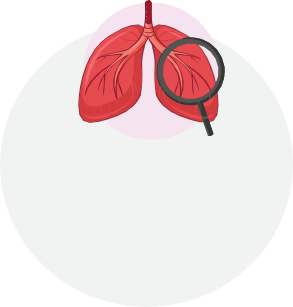
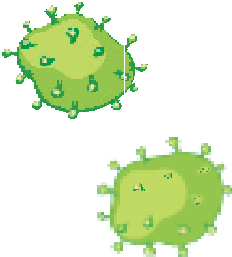
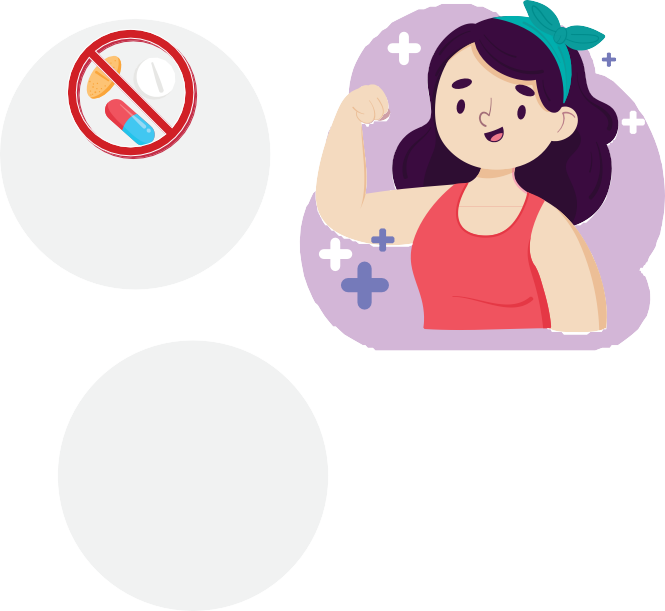
**single disease**

**Don’t take antibiotics if**

**your doctor didn’t**

**prescribe**

**them to you**



**Most cold and flu symptoms**

**are best treated at home**

**with paracetamol**

**or ibuprofen, plenty**

**of fluids and sleep**

**Be aware that antibiotics**

**are not effective against**

**viral infections**

**Most common respiratory**

**tract infections, such as**

**the common cold and the**

**flu, are viral and cannot**

**be treated with**

**antibiotics**



Grant Agreement number 900024

This project was funded by the European Union’s Health Programm (2014-2020)

**WHAT IS HAPPY PATIENT?**

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Descripción generada automáticamente con confianza media**HAPPY PATIENT** is a European Project that aims to reduce unnecessary antibiotic prescription in Europe.

# OUR GOALS

**REDUCE**

**antibiotic consumption by implementing a successful strategy**

# DECREASE

**the unnecessary prescription**



**of antibiotics**

# BY 40%

**HELP YOU!**

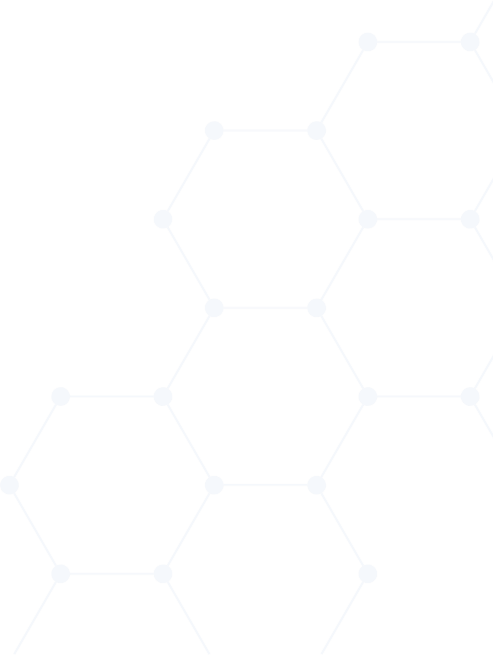
**to get more involved in your own health and participate in your health**

**decisions**

# BUILD

**a new innovative**

**patient-centered dynamic**



**HOW IS HAPPY PATIENT AIMING TO ACHIEVE IN THESE GOALS?**

**HAPPY PATIENT** will implement a patient-centred approach. We will engage Health Care Professionals, who will act as the first points of contact with the healthcare system and will be responsible for the management of community-acquired infections..

The Health Care Professionals to be involved in the HAPPY PATIENT project are:

Providers of primary health care services i.e. General Practitioners (GPs), nurses, and dentists Clinicians in Out-of-Hour (OOH) Services

Nursing home clinicians Pharmacists

The APO method will give to the HCPs the means to think, reflect and improve their actions when facing a certain situation, and this will help reduce the unnecessary prescriptions of antibiotics.

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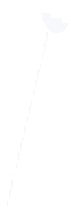
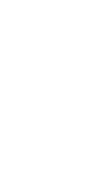
## **AN INTERNATIONAL CONSORTIUM**

15 partners & 2 associated entities.

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**Academia, research, and clinical practice**



**Professional umbrella organizations**

**WHERE DO I FIND HAPPY PATIENT?**

[**www.happypatient.eu**](http://www.happypatient.eu/) **@HAPPY\_PATIENT HAPPY PATIENT @happy\_patient\_eu HappyPatientEU**

**WHEN WILL THE HAPPY PATIENT TAKE PLACE?**

Over 36 months: 2021 - 2023

The reduction in antimicrobial use will lead to a reduction of antimicrobial resistance both in the community and in the individuals.

For more information, please visit [**www.happypatient.eu**](http://www.happypatient.eu/)

Patrón de fondo

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