**HAPPY PATIENT**

**What you need to know if**

**you have been prescribed an antibiotic**

# When to take your antibiotic: How to take your antibiotic:

**1 h / 2-3 h**

**in the morning**

**in the afternoon**

**in the evening**

**At least 1 hour before or 2-3 hours after food**

**With food**

**Shortly before sleeping**

**Every hours**

**Do not take with alcohol**

**Do not take with dairy products**

# Duration of antibiotic treatment:

You should stop your antibiotic treatment after days.

# Possible side effects include:

**In an upright position**

**In a sitting down position**

**Avoid sun exposure**

Diarrhoea, nausea and vomiting, abdominal pain, loss of appetite, skin rashes, headache/dizziness, fungal infections (candida).

# Possible food and drug interactions:

Combining the use of antibiotics with other medications or alcohol can modify the efficacy and increase the risk of adverse reactions.

Ask your pharmacist or healthcare provider for any potential food and drug interactions.

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**Most side effects are mild and temporary.**

**If side effects become severe, you should contact a healthcare professional**

# Please remember:

Take the prescribed antibiotic treatment according to the prescription from the doctor.

Don’t share antibiotics with your family members, friends, or animals. Return any unused antibiotics to the pharmacy.

Contact your healthcare provider if your symptoms get worse.

Inform your healthcare provider and/or your pharmacist about any allergies you may have.

If you are pregnant, breastfeeding or planning to get pregnant,

make sure that your healthcare provider and/or pharmacist is aware of it, to ensure safe use of the medication.

# When to contact a pharmacist:

For any questions about the medication you use.

For information about relief of symptoms or side effects.

If you are unsure about any of the information you have received. If you are unsure about how or when to take your medication.

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