

HAPPY PATIENT

THE HEALTH ALLIANCE FOR PRUDENT PRESCRIPTION AND
YIELD OF ANTIBIOTICS FROM A PATIENT-CENTRED PERSPECTIVE

Training healthcare professionals and empowering the patient

The HAPPY PATIENT project was formed as a response from the European Commission to address the increase of antimicrobial resistance.

WHY IS AMR SO IMPORTANT?

Antimicrobial Resistance (AMR) is a phenomenon by which a bacterium becomes resistant to the activity of an antimicrobial drug.

Some studies show that lack of action today may cause about 10 million deaths per year by 2050. AMR is a growing problem threatening societal development and human health.

Infections with antibiotic-resistant bacteria are associated with:

- an increased number of visits to health care providers
- more hospital admissions
- higher mortality
- higher economic expenditure

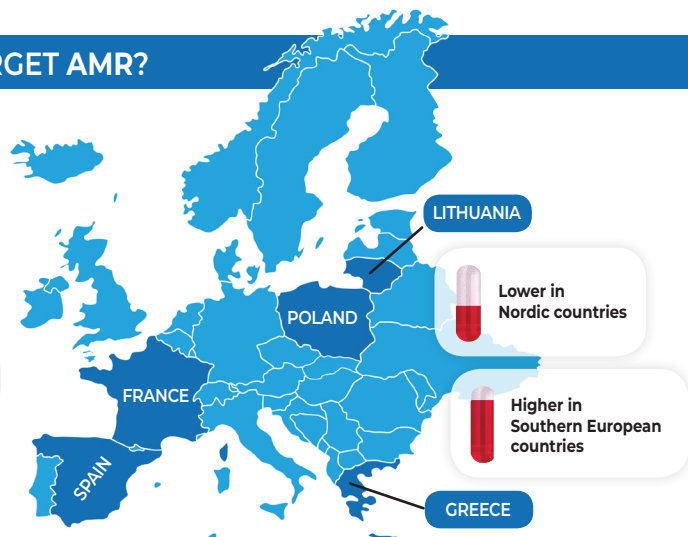


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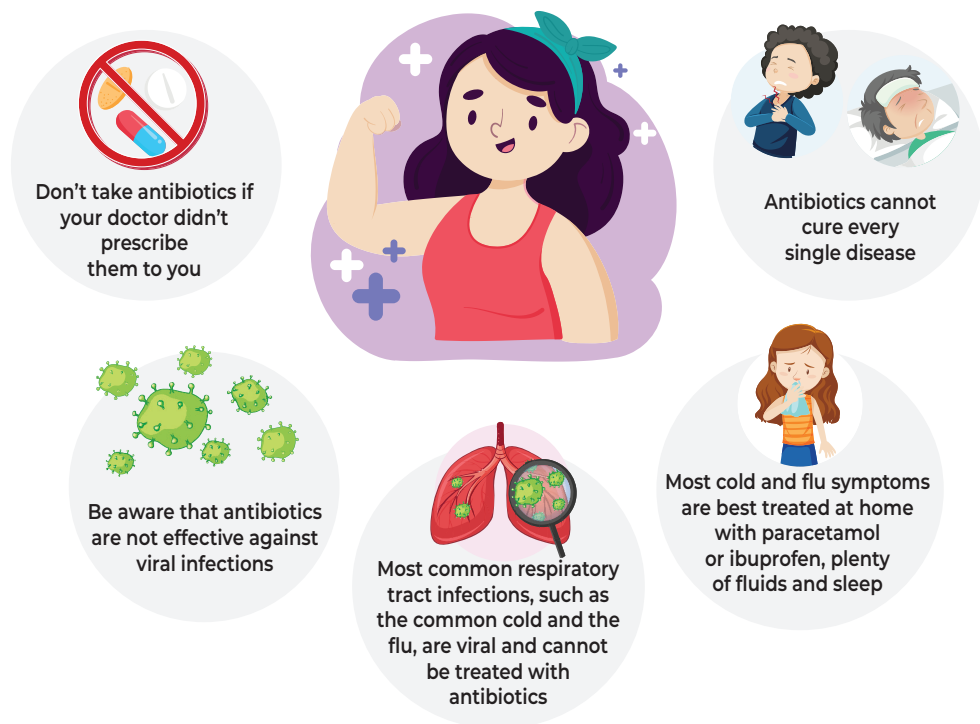
WHERE DO WE TARGET AMR?

Antibiotic consumption map in Europe

Spain, France, Lithuania, Poland and Greece have been targeted for the **HAPPY PATIENT** project. They have diverse health systems, incomes and level of antimicrobial medicines consumption



HOW CAN YOU FIGHT IT?



WHAT IS HAPPY PATIENT?

HAPPY PATIENT is a European Project that aims to reduce unnecessary antibiotic prescription in Europe.

OUR GOALS

REDUCE antibiotic consumption by implementing a successful strategy

DECREASE the unnecessary prescription of antibiotics **BY 40%**

HELP YOU! to get more involved in your own health and participate in your health decisions

BUILD a new innovative patient-centered dynamic

HOW IS HAPPY PATIENT AIMING TO ACHIEVE IN THESE GOALS?

HAPPY PATIENT will implement a patient-centred approach. We will engage Health Care Professionals, who will act as the first points of contact with the healthcare system and will be responsible for the management of community-acquired infections.

The Health Care Professionals to be involved in the **HAPPY PATIENT** project are:

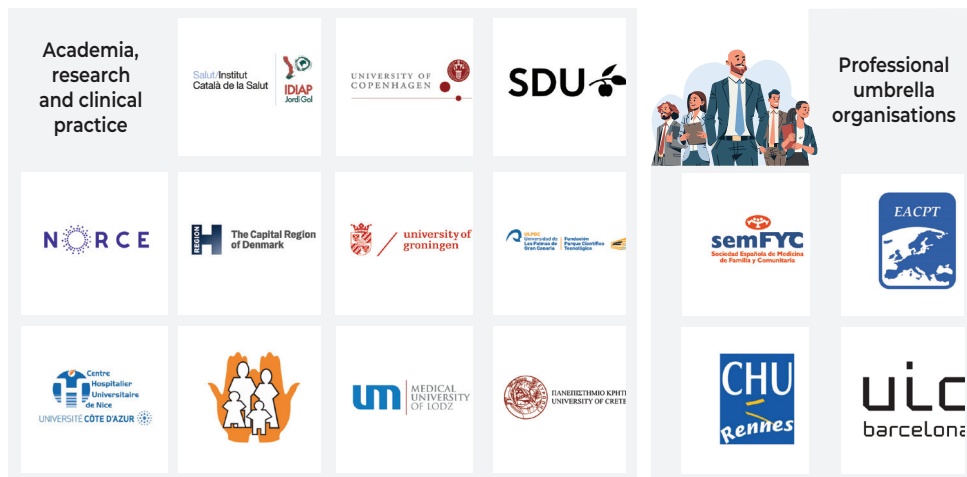
- Providers of primary health care services i.e. General Practitioners (GPs), nurses, and dentists
- Clinicians in Out-of-Hour (OOH) Services
- Nursing home clinicians
- Pharmacists



The APO method will give to the HCPs the means to think, reflect and improve their actions when facing a certain situation, and this will help reduce the unnecessary prescriptions of antibiotics.

AN INTERNATIONAL CONSORTIUM

15 partners & 2 associated entities.



WHERE DO I FIND **HAPPY PATIENT**?



www.happypatient.eu



@HAPPY_PATIENT



HAPPY PATIENT



@happy_patient_eu



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WHEN WILL THE **HAPPY PATIENT** TAKE PLACE?

Over 36 months: 2021 - 2023

The reduction in antimicrobial use will lead to a reduction of antimicrobial resistance both in the community and in the individuals.

For more information, please visit www.happypatient.eu

